### **Help For Every Need**



Bedside assistance Family updates Meal support



**Post Discharge Care** Medication assistance Mobility help Recovery support



**Personal Support** Bathing and toileting Meals and medication Light housekeeping



Companionship Social activities **Emotional support** Conversation



**Nursing Care** Chronic diseases Palliative care Wound care











Nurses

Live-ins



TF:1-855-410-7971 D: 647-946-2491

www.considracare.com wecare@considracare.com



#### **Care Experts You Can Trust**

ConsidraCare

- ✓ Nurse-Managed Care
- ✓ Instant Family Updates
- ✓ Dementia Certified

1-855-410-7971

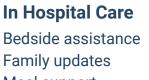
A+ BBB Rating | GPA Certified | 2025 BBOT Innovation Award Winner



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# **Support That Feels Like Family**

Caring for an aging loved one is never easy. When the worry becomes too much to manage alone, we step in with reliable and compassionate help, just like family.

From daily support to specialized care, we're here to lighten your load and uplift your loyed one.



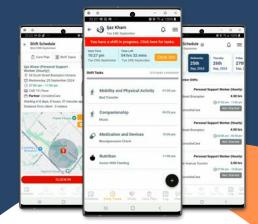
#### Why Families Choose Us

- ✓ Nurse-managed care
- Vetted, dementia certified caregivers
- Real-time family updates
- Smart technology to ensure quality
- Transparent, affordable price

1-855-410-7971

### **Smarter Tools For Better Care**

Our **award-winning technology** ensures high quality and transparent care delivery



- ConsidraCare's expertise and compassion are evident in every interaction.
  - M. Lee, Burlington



- I recommend them to my other family members as the company is truly dedicated and makes it all about their clients.
  - M. Hossain, Toronto



- ConsidraCare is a reliable partner in health care, delivering unwavering quality of care.
  - Dr. Adam Kuyumi, Mississauga





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## Is It Time For Home Care?

Use this quick checklist to see if your loved one needs professional home care:



- □ Fell recently or has new bruises
- □ Wanders or gets lost easily
- ☐ Misses critical medication (e.g. insulin)
- ☐ Has home safety risks they can't fix



- □ Difficulty walking or using stairs
- □ Weight loss or dehydration
- ☐ Skipping hygiene or grooming
- ☐ Missing appointments, confusion
- □ Mood swings or isolation
- □ Repeating questions, forgetfulness
- □ Spoiled food or clutter building up
- ☐ Bills unpaid or paperwork ignored

### Progressive Indicators (Needs Support if Worsening)

- ☐ Stumbling or grabbing furniture to walk
- □ Avoiding social contact and outings
- ☐ Hygiene and home are slowly declining
- ☐ Struggling with new tasks or meds

### Post-Hospital Discharge (Any One = Needs home care)

- □ Needs support for daily activities
- □ Needs wound care, medication or therapy
- □ Mobility, cognition and fall concerns

